GOING WILD IN SARDINIA WALKING TOUR

Discover Sardinia’s untouched wild landscape, walking through the rugged Supramonte mountains towards the east coast, where the rocky cliffs meet gleaming white sands and a bright azure ocean.

Sardinia’s dramatic mountainous scenery and stunning coastline, coupled with its unique, distinct culture and fascinating archaeological finds make it a dream destination for adventurous walkers. From the town of Oliena you will be transferred to your hotel where you will spend two nights. Settle into your room and relax with a glass of local Cannonau wine and nibble on traditional Carasau bread. Your first walking day is spent in the Supramonte mountains, completing a circular route around Monte Corrasi, where you can marvel at the high calcareous mountains and stunning valleys below.

The following day you walk through the Holm oak woods which adorn the limestone slopes, and climb up the vast plateau to the water spring Su Gologone before reaching your hotel where you will stay for the next three nights. The next morning you can explore the cavernous Grotta sa Oche before setting off. The route takes you through the narrow gorge of Surtana and climbs up to Monte Tiscali, where you’ll find the remains of a prehistoric Nuraghe village, an ancient civilization that archaeologists know little about. Next you have the chance to explore Italy’s deepest gorge, with its vertical white walls over 350m high. Alternatively you can walk along the slanting western slopes of the Supramonte de Dorgali to Siliana, before heading back to your hotel to enjoy your third night in Dorgali.

After a short transfer, your walk takes you through an old tunnel that connects Dorgali with Cala Gonone, with the option of climbing Monte Irveri. Your final walking day along the coast leads to the pristine Cala Luna beach with its deep clear waters, which is only accessible by foot or boat, where you can relax for the afternoon before sailing to Cala Gonone and back to your hotel.

HIGHLIGHTS

- Exploring the steep, rocky mountains and cavernous gorges of Italy’s untouched island.
- Experiencing Sardinia’s distinct culture and cuisine.
- Prehistoric Nuraghe settlements and archaeological wonders.
- Plunging into the deep, clear waters at the stunning Cala Luna beach.

WHY CHOOSE MACS ADVENTURE HOLIDAYS?

Macs Adventure specialises in outstanding self guided walking holidays where every last detail is taken care of. We understand what makes for an unforgettable adventure; great walks, breathtaking scenery and warm, welcoming accommodation, with wonderful food and wine, all backed up by outstanding customer service.

SUMMARY

Tour: Going Wild in Sardinia
Code: WItSGWS
Type: Self-Guided Walking Holiday
Price: See Website
Dates: Daily, April to July & September to October (except Sundays).
Walking Days: 6
Days: 8
Nights: 7
Start: Oliena
Finish: Cala Gonone
Distance: 8—16 km Daily
Grade: Moderate—Strenuous

IS IT FOR ME?

Wild, rugged landscapes, a unique untouched culture and stunning coastline, as well as delicious food and wine, makes this the ideal walking holiday for those who want a real adventure!

WHAT’S INCLUDED?

Accommodation: 7 nights’ accommodation in 3-star hotels.
Meals: A tasty local breakfast and is included each day. Dinners are included for your first 5 nights. Lunch is not included.
Baggage Transfer: Included as per the programme.
Travel: Transfers on day 1 from Oliena to the hotel, at the end of the walk on Day 3, to start/from end of the walk on Days 4 & 5, to start of walk on Day 6.
DAY 1
Arrive Starting Point: Oliena
We recommend flying into either Cagliari, Olbia or Alghero airports, which have good bus connections to Oliena with one change in Nuoro. You will need to arrive in Sardinia before 4pm in order to give you enough time to catch the bus through to Oliena. You will be met at Oliena and transferred to your hotel near the Su Gologone Spring, where you can kick off your shoes and relax with a glass of Cannonau.
Overnight: Hotel Enis

DAY 2
Monte Corrasi circular walk
Head up through the Supramonte mountains to complete a circular walk where you can marvel at the stunning valleys stretching out below you. A slightly steep climb will be rewarded with the most spectacular panorama of the calcareous mountains.
Walk: 11km, 825/815m ascent/descent, 5 hrs
Overnight: Hotel Enis

DAY 3
Walk to Su Gologone
Today you walk through the Holm oak woods along the lower slopes of the Supramonte, which afford stunning views of the valleys of Oliena and Guthiddai. You have the option of climbing the stony path of Scala di Sovana up to the Punta di Cusidore. You reach the limestone source of Su Gologone, Sardinia’s most important water supply, a narrow canyon 108m deep. Private transfer back to your hotel.
Choice of Walks:
Walk 1: 14-16km, 400m ascent, 990m descent, 5-7 hrs
Walk 2: 15km, 641m ascent, 1300m descent, 5-7 hrs
Overnight: Hotel Sant’Elene

DAY 4
Sa Oche to Tiscali
After a short transfer to Grotta Sa Oche, which you’ll have time to explore before setting off, your route takes you through the quiet valley to the gorge of Surtana. En route you can climb Monte Tiscali where you’ll find the remains of a prehistoric Nuraghe settlement, hidden within a cave (entrance fee approx. €5). After a descent towards the river Flumineddù through a wooded gorge, you will be transferred back to your hotel.
Walk: 10km, 500m ascent, 470m descent, 4-5 hrs
Overnight: Hotel Sant’Elene

DAY 5
Explore the Gola di Gorropu
Today you can look forward to delving into Italy’s deepest gorge: the Gola di Gorropu. A long but easy walk leads you into the belly of the earth, where you can scramble over the boulders within. Alternatively you can take a different route following the rocky path along the mountain ridge from Passo Silana to Dorgali with spectacular contrasting views of both the sea and inland. Transfers included to/from the start/end of the walks.
Choice of Walks:
Walk 1: 15km, 350m ascent, 180m descent, 5 hrs
Walk 2: 11km, 320m ascent, 700m descent, 3-4 hrs
Overnight: Hotel Sant’Elene

DAY 6
Walk to Cala Gonone
After a short transfer you start the walk via an old tunnel that connects Dorgali with Cala Gonone. A climb up Monte Bardia is followed by a long, gradual descent with gorgeous views of the valleys below.
Walk: 11km, 500m ascent, 950m descent, 4-5 hrs
Overnight: Hotel L’Oasi

The Corlessi family welcome you to their small hotel, where you can sit on the terrace and enjoy one of the best views of the Gulf of Orosei. Rooms are spacious and all have balconies. Alternatively, stay at Hotel Nuovo Gabbiano designed by Mario Spanu, one of Sardinia’s most renowned architects. Situated on the harbour of Cala Gonone, it has a fantastic restaurant.
DAY 7
Walk to Cala Luna beach
A scenic walk along the coast leads you to the unforgettable Cala Luna beach, which can only be accessed by foot or by boat. The afternoon is spent relaxing on the white sands, with the options available to go diving, fishing or kayaking (information booth at the harbour). Travel back to Cala Gonone by boat.

Choice of Walks:
Walk 1: 9km, 400m ascent/descent, 4 hrs
Walk 2: 16km, 600m ascent, 950m descent, 6-7 hrs

Overnight: Hotel L'Oasi*** or Hotel Nuovo Gabbiano***

DAY 8
Arriverderci!
The trip ends after breakfast. Flights back on a Sunday or national holiday will require a private transfer to the airport (not included) as buses do not run.

TRIP INFORMATION
Additional Nights & Extensions
You can add additional nights anywhere along the route or elsewhere in Italy.

Accommodation
We specifically choose our hotels for comfort, location and authenticity. All are owner-operated three star hotels with en-suite rooms that offer a genuinely warm Sardinian welcome and delicious meals.

Alternative Accommodation
During high season we may have to book you into an alternative hotel which is not listed in the description, but it will always be of the same or better standard. We will confirm your accommodation details on confirming your reservation.

Single Rooms & Solo Travellers
Single rooms within your party are available and will attract a single supplement. Unfortunately this walking holiday is not available for solo walkers, due to the remote terrain.

Meals
The price of your holiday includes breakfast each morning and a delicious dinner for the first 5 nights. You are on a bed and breakfast basis for the final 2 nights. Lunches are not included in the price, but your accommodation will be able to provide a packed lunch to take with you. Sardinian cuisine is renowned for its antipasti and deep red Cannonau wine.

Baggage Transfer
When required your bags will be transferred from your hotel and moved onto your next overnight accommodation. We ask you to limit your luggage to one bag of up to 20kg per person.

Equipment
Your information pack has a detailed equipment list which includes standard walking gear such as good walking boots or shoes, waterproofs, comfortable walking clothes, warm and waterproof clothes and a day pack. A good-quality compass and fully-charged mobile phone are also recommended to take with you.

Grade
This trip is graded moderate to strenuous and for experienced walkers, as some routes are demanding, involving some scrambling with your hands and feet. You will be walking along uneven, rocky footpaths and occasionally small gravel roads, in a mountainous area with no water supply or villages along the way. It is highly recommended to take a fully-charged mobile phone with you each day.

Navigation
The routes are not consistently way-marked, so you will need to navigate using the route notes and maps we provide you with, as well as a compass. GPS waypoints & tracks are available on request. You will need to be comfortable map-reading and have a quality compass.

TRAVEL INFORMATION
Getting to Oliena
We recommend flying into either Cagliari, Alghero (3-4hrs) or Olbia (2hrs) airports, which are all served by low-cost carriers with direct flights from the UK. From the airport you can catch a bus directly to Nuoro, from where you can get a local bus to Oliena. You will need to arrive in Sardinia before 4pm so you have enough time to get to Oliena.

Getting from Cala Gonone
At the end of your trip we can book transfers to Nuoro/the airport if you have a flight back on a Sunday/national holiday, or an early morning flight. Otherwise you can catch a local bus to Nuoro. From Nuoro there are frequent buses to each of the airports.

Travel Insurance
It is a condition of your booking that you have suitable travel insurance that covers you for cancellation, curtailment, illness, and injury.

Availability
You can enjoy this tour from April until the end of July, and during September and October. It is possible to start this tour any day of the week, with the exception of Sundays (this is due to a lack of public transportation on Sundays; should you wish to start on a Sunday then please let us know and we can quote you for private transfers). August can be very hot, so we do not recommend travel at this time of year.
Price
Up to date prices are available on our website.

Included:
- 7 nights accommodation in 3-star hotels.
- 7 Breakfasts.
- 5 Dinners (first 5 nights).
- Luggage transfers between hotels.
- 24-hour telephone assistance.
- Detailed route notes and maps.
- Transfers from Oliena to hotel on Day 1, at end of walk to hotel on Day 3, to start/end of walk on Days 4 & 5, to start of walk on Day 6.

Excluded:
- All lunches.
- Flights and public transportation.
- Dinners on final 2 nights.
- Travel insurance.
- Personal expenses such as snacks, entrance fees, drinks, phone calls, tips, etc.
- Any item that has not been specifically mentioned in the program.

Financial Security
In accordance with "The Package Travel, Package Holidays and Package Tours Regulations1992" all passengers booking with Macs Adventure Ltd are fully protected for the initial deposit and subsequently the balance of all monies paid to us, including repatriation if required (this insurance will not cover repatriation to the country of origin for the passengers outside of the EU), arising from cancellation or curtailment of your travel arrangements due to the insolvency of Macs Adventure Ltd. There is no requirement for Financial Protection of day trips, and none is provided. This insurance is only valid for packages booked that DO NOT include flights.

HOW TO BOOK
Once you have read all the information in this factsheet or on our website, visit our website or give us a call to confirm availability. You can then book by any of the following methods:

Book Securely Online: www.macsadventure.com
Telephone: +44 (0) 141 530 8886 or USA & Canada +1-844-681-1958.

Please don’t hesitate to contact us by phone on +44 (0) 0141 530 8886 or email: info@macsadventure.com if you have any queries and one of our expert customer service team will be happy to help.

BOOK WITH CONFIDENCE
Book with Confidence. We are a member of ABTA which means you have the benefit of ABTA’s assistance and Code of Conduct. We provide full financial protection for your money.

ABTA Member Statement
Macs Adventure Holidays is a Member of ABTA. ABTA and ABTA Members help holidaymakers to get the most from their travel and assist when things don’t go according to plan. We are obliged to maintain a high standard of service to you by ABTA’s Code of Conduct. For more information on ABTA, the Code of Conduct and the arbitration scheme available to you if you have a complaint, contact ABTA, 30 Park Street, London SE1 9EQ, tel 020 3117 0581 www.abta.com