WALKING IN TENERIFE - VOLCANIC BEAUTY

Tenerife, the largest, most varied and popular of the Canary Islands and is a perfect year-round walking destination. Walk through moonscapes of intense volcanic colour, lush forests filled with exotic vegetation and dramatic coastal landscapes.

Woods of aromatic bay laurel trees, vast deserts with bizarre basalt formations, humid areas with exuberant vegetation, colourful volcanic slopes, and of course the highest of all Spanish peaks: El Teide.

This is a self drive walking holiday based at four locations throughout the island. Varied and rewarding walking is combined with four hand picked hotels of authentic character. To get the most from Tenerife you will travel around the island by rental car.

Tenerife offers fabulous walking in dramatic and varied landscapes, year round sunshine, a rich cultural heritage and delicious food and drink. Spend a week walking amongst the volcanoes of Tenerife and discover what makes this island so special.

**HIGHLIGHTS**

- Bizarre basalt formations, colourful deserts and a stunning coast line
- Charming hotels of character in historic towns
- The unique atmosphere of the Parador Cañadas del Teide, at the foot of Spain's highest peak (3718 m)
- Exuberant and exotic vegetation such as the Dragon Blood tree
- Beautiful historical villages such as Garachico and Orotova

**WHY CHOOSE A SELF GUIDED WALKING HOLIDAY WITH US?**

Macs Adventure specialise in great value self guided walking holidays. As passionate and regular walkers we know what makes for an unforgettable trip and we deliver outstanding holidays with every last detail taken care of. Great walking routes, breath-taking scenery and warm, welcoming accommodation are guaranteed.

From your first contact with Macs Adventure you will deal with a specialist who knows Tenerife inside out. They will help you plan every aspect of your holiday and to make the most of your time on Tenerife with their in-depth knowledge of the route, accommodation and must-see attractions.

Self guided walking holidays are the very best way to explore a new destination. Pre booked accommodation of character, detailed route notes and maps and local backup support mean you can relax and get the most from your time in Tenerife.

“"The organisation by Macs, both before and during our holiday, was great. Maps, advice and guidebook were really useful.” - Gill & Tim from Nottinghamshire
Our standard itinerary includes 6 days walking and seven nights in Tenerife, although this can be tailored to suit your requirements.

**Code:** WSPSWT  
**Days:** 8 (6 Days Walking)  
**Nights:** 7  
**Overnights:** 2 La Orotava, 3 Garachico, 1 Cañadas del Teide, 2 La Laguna

### DAY 1

**Arrive Tenerife / La Orotava**

Tenerife has excellent flight links to UK and European destinations. Collect your rental car on arrival and enjoy the 1.5 hour drive to La Orotava.

Your first night is a small welcoming hotel in La Orotava with its lovely historical quarter and lively Plaza de la Constitución. If you get to Orotava early in the day, you'll have time to take a stroll along the steep and narrow lanes to get better acquainted with your surroundings.

**Walk:** Optional walk around town

**Overnight:** La Orotava Small Hotel

Built in the 18th Century as a gentleman’s residence and transformed 100 years ago into an oasis of Arabic flavour this five bedroom hotel is perfectly situated in the heart of La Orotava and offers outstanding views of El Teide.

### DAY 2

**Walking in the Orotava Valley**

A magical introduction to walking on Tenerife. Your route takes you on a circular walk through the lush vegetation of the Valle de Orotava. You will ascend to Los Órganos, a dramatic series of rock formations whose shapes resemble, as their name suggests, organ pipes. In clear weather you will be rewarded with sumptuous views of the valley and El Teide.

**Walk:** 10km, 4-5.5 hrs, 450m ascent/descent

**Overnight:** La Orotava Small Hotel

### DAY 3

**Wild West of Tenerife**

After you leave your hotel you drive to Garachico, where you have a choice of several lovely walks. The walk from El Palmar to Teno Alto crosses deep ravines, wends through lush vegetation and offers spectacular views. Alternatively you can enjoy a shaded walk in the Teno National Park which has impressive views of the El Teide, the Masca Gorge and La Gomera.

**Walk:** 8-11km, 3.5-4.5hrs, 400-500m ascent/descent

**Overnight:** Garachico Hotel

### DAY 4

**Circular Walk in the Masca Gorge**

Today’s walk takes you through the Barranco de Masca, and you also have a chance to stop in the beautifully-situated village of Masca, a tourist destination with lots of shops, cafés and restaurants. This is one of the prettiest spots on the island, where spectacular rock formations and impressive cliffs lead right down to the sea.

There are 2 possible walks: a one-way itinerary with return by boat (payable locally) or a there-and-back route through the gorge. You'll need the whole day if you plan to walk both. If you have a fear of heights, feel uncomfortable walking near steep drops or are not used to high mountain walks, you can do one of yesterday's routes. The Masca route is for experienced hikers.

**Walk:** 5.5-11km, 12.5-6hrs, 0-600m ascent, 600m descent

**Overnight:** Garachico Hotel

### DAY 5

**Circular walks from Las Cañadas del Teide**

Start your day with a one and a half hour drive from Garachico to your next accommodation: El Parador de las Cañadas, situated at the base of El Teide volcano, the highest peak in Spain.

On arrival you can choose from two walks through thoroughly impressive surroundings. Choose from either a circular walk around the Roques de García (3 hours), or a more demanding yet rewarding ascent to Guajara, the second highest peak on Tenerife (5 hours).

**Walk 1:** 6km, 3 hrs, 250m ascent/descent  
**Walk 2:** 10km, 5 hrs, 500m ascent/descent

**Overnight:** Parador Cañadas del Teide

Located at almost 2000m in the heart of the El Teide National Park this imposing hotel offers a
unique atmosphere and breathtaking views on all sides.

**DAY 6**

**Walks in El Teide Park or La Laguna**

After breakfast at the Parador, you have a choice of activities for the day. You may wish to spend your time walking in the National Park (4.5 hours) or choose to go straight on to your next hotel in La Laguna. Here you can enjoy an interesting stroll round the historical town centre (2 hours).

**Walk:** 4-5km, 2hrs, 50m ascent/descent  
**Overnight:** La Laguna Hotel

Located in the heart of the World Heritage Site of San Cristobal de La Laguna your hotel was built in the sixteenth century and offers real old world charm and a warm welcome.

**DAY 7**

**Walking in Northern Tenerife**

Start your day off with a beautiful drive to the northernmost part of the island. Here you have a choice of routes to explore arguably the prettiest part of Tenerife - with its coastal footpaths, deep ravines and picturesque white farming villages.

**Walk:** 9-11km, 3-4.5hrs, 440m or 650m ascent/descent  
**Overnight:** La Laguna Hotel

**DAY 8**

**Departure Tenerife or Onward Travel**

Your trip comes to an end today after breakfast. Return your rental car at the airport before the flight home. Alternatively why not extend your stay in the Canaries with our walking tour of La Gomera, the botanical paradise of the Canaries, to make a two week holiday.

---

**TRIP INFORMATION**

**Additional Nights and Extensions**

You can add additional nights at any point during the trip or before or after the holiday. This trip combines particularly well with our Walking in La Gomera Holiday.

**Tailor Made Holidays**

We are always more than happy to tailor our standard itineraries to suit your holiday plans. Just let us know what you would like and we will be happy to arrange tailor made walking holiday.

**Grade & Fitness**

This walking tour is graded Moderate to Strenuous. Walks of 4 to 7 hrs a day, some long ascents and descents. There are some options for easier alternate routes.  

The walks follow rural tracks, both surfaced and unsurfaced, footpaths and animal trails. You may encounter some loose rock, or muddy / slippery sections in wet weather. Ascents and descents can be steep and footpaths rough.  

The higher areas may be covered with snow during early spring and weather conditions up high may be totally different from those experienced in the valleys, so always take extra warm clothing with you.  

From June till September you should protect yourself against sun and heat. You should be a regular walker and have a good level of walking fitness to get the most from this holiday.

**Navigation**

The routes on this trip are generally way marked but you will need to follow the route notes and maps supplied.

---

**Accommodation**

We specifically select your accommodation to ensure that you enjoy every minute of your stay in Tenerife. During this trip your stay in Tenerife you will stay at three charming village hotels and one very comfortable Parador Nacional. Each has its own character and history.

**Alternate accommodation**

During high season, you might be booked into a different accommodation which is not listed in the description, and the start or end of some of your walking routes may be slightly altered. Any alternative accommodation will be of the same or better standard as those described.

**Single Rooms**

If you require single rooms within your party we would be happy to accommodate you although there is a single room supplement payable.

**Solo Walkers**

This holiday is available for solo walkers but we would recommend that you are experienced in walking and navigating alone.

**Meals**

Breakfast is included each morning. Lunch and dinner are not included. Most hotels are happy to provide a packed lunch, this should be requested on arrival, or you can pick up lunch from a local deli or along the trail. Dinner is available either at your accommodation or nearby bars, cafes and restaurants.

**Getting Around**

You will need a rental car for the duration of this trip which is included as part of the trip.

**Equipment**

Your information pack has a detailed equipment list which includes standard walking gear such as good walking boots or shoes, warm and waterproof clothes and a day pack.
Weather
Tenerife has the perfect climate for all year walking. Average maximums range from mid teens in the winter to mid twenties in the summer.

TRAVEL INFORMATION

Getting to/from Tenerife
Most people fly into Tenerife South Airport as it is served by numerous low cost and charter flights from throughout the UK. These include Thomson Flights, Ryanair, Easyjet, Jet2, Monarch and Fly Thomas Cook. Flying time is just over 4 hours.

Other airlines fly from throughout Europe and connect from further afield.

La Orotava is 90 km from Tenerife South Airport via the motorway and the journey takes just over an hour.

Travel Insurance
It is a condition of booking with us that you have comprehensive travel insurance to cover illness, injury, cancellation or curtailment of your holiday.

M.A.C.S. Responsible Travel Policy
We operate holidays in some of the most beautiful areas of the world and try to operate in an environmentally aware and sustainable manner. We do this by following our M.A.C.S. Responsible travel policy. The full policy is available online and the cornerstones of this policy are:

- Minimise Impact & Maximise Benefit
- Action & Advocacy
- Carbon & Communities
- Sensitive & Sustainable

PRICE AND AVAILABILITY

Price
Please refer to our website for up to date prices www.macsadventure.com

Availability
You can start your holiday on any date during the year, subject to availability. Tenerife is the ideal winter walking destination.

Included
- Seven nights hotel accommodation
- Seven breakfasts.
- A detailed information pack, route notes and maps
- Compact Rental Car with standard CDW
- Full information pack on local history, culture & traditions as well as advice on restaurants, bars and local attractions.
- 24 hour emergency telephone support and assistance.

Excluded
- Lunches, dinners, snacks and drinks.
- Travel Insurance.
- Rental car fuel and insurance upgrades.
- Transport should you need to skip a stage.
- National Park permit to El Teide summit (not needed for suggested walks)**
- El Teide cable car ticket Flights to Tenerife
- Airport transfers
**Anyone can take the cable car to the viewing point situated 500m below El Teide summit. If you plan to walk to the top, you must apply for a permit from the National Park office (request online).

Optional Extras
- Extra nights during, before or after the tour
- Single room supplement

HOW TO BOOK

Once you have read all the information in this factsheet or our website, you can then book online at www.macsadventure.com or by phone on +44 (0) 141 530 8886 or USA Toll Free +1-866-355-1037

Please don’t hesitate to contact us by phone on +44 (0) 141 530 8886 or email: info@macsadventure.com if you have any queries and one of our expert team will be happy to help.

Financial Security
In accordance with “The Package Travel, Package Holidays and Package Tours Regulations1992” all passengers booking with Macs Adventure Ltd are fully protected for the initial deposit and subsequently the balance of all monies paid to us, including repatriation if required (this insurance will not cover repatriation to the country of origin for the passengers outside of the EU), arising from cancellation or curtailment of your travel arrangements due to the insolvency of Macs Adventure Ltd.

Book with Confidence. We are a member of ABTA which means you have the benefit of ABTA’s assistance and Code of Conduct. We provide full financial protection for your money.

ABTA Member Statement
Macs Adventure Holidays is a Member of ABTA. ABTA and ABTA. Members help holidaymakers to get the most from their travel and assist when things don’t go according to plan. We are obliged to maintain a high standard of service to you by ABTA’s Code of Conduct. For more information on ABTA, the Code of Conduct and the arbitration scheme available to you if you have a complaint, contact ABTA, 30 Park Street, London SE1 9EQ, tel 020 3117 0581 www.abta.com

TO BOOK PLEASE VISIT WWW.MACSADVENTURE.COM OR CALL +44 (0) 141 530 8886